

# OPRAH 2013

Exclusive Event Summary



## An Extended-Learning Experience with thanks to Oprah

Brought to you by REIN™ (The Real Estate Investment Network™)

### **Congratulations!**

You are now in receipt of part one of Canada's most wanted note-pages comprised of life lessons from the world's most influential, inspiring and insightful thought leader - **Oprah Winfrey.**

**These notes matter** if you wanted to review what you heard, or share with those that matter and couldn't attend. A quote, an insight, a story or perhaps a lesson.

**These notes are very special and are just the beginning.** They represent a summary of **all three** presentations performed by Oprah in Edmonton,

Calgary and Vancouver, Canada.

### **As educators and ambassadors for people to live their best life ever,**

we at REIN™ appreciate what it takes to learn and live life's best lessons. Please know you are not alone in your journey, we are here for you - and have been for over 20 years - serving to date over 25,000 Canadians seeking financial and personal excellence through real estate. After all, we are Canada's thought leaders on producing financial certainty - *and we believe in you.* Write us with any questions or if you want more: [info@reincanada.com](mailto:info@reincanada.com)

and we'll be of service as best we can.

**As you see, this is just a summary of the event,** which has been provided by Oprah.com. Feel free to share this summary with friends and family.

And last, **thank you** - thank you for attending TinePublic's 'An Evening with Oprah' and requesting an *extended-learning experience.*

Enjoy the notes, we hope you'll live life a little richer because of them.

*Real Estate Investment Network™*

On January 21st through the 25th 2013 Oprah Winfrey made an epic journey across western Canada touching over 45,000 lives in the process.

# Your Life Is Speaking To You, are you listening?

## What Oprah Shared That Inspired Us All

### Why are you here?

- That is the ultimate question that you get to answer with every action, thought and feeling in your life.
- Your life is your art, and every day you get to paint on the canvas that is your life.
- Every one of us has been called to be here.

### You are co creating your life...

- Do unto others as others do unto you.
- If you participate in the cause, it's impossible not to participate in the effect.
- When things aren't going the way you want, look to yourself first.

**“Every action, thought and feeling is motivated by an intention.”**

Gary Zukav, 'Seat of the Soul'



**“The privilege of a lifetime is being who you are.”**

Joseph Campbell

### You become what you believe...

- Look at what you are. Then examine what you believe.
- Your beliefs are the lenses through which you see the world.
- Whatever follows the “I am” will come looking for you.
- Life isn't happening to you. It's happening for you.

### Your life is speaking to you...

- Trial happens to force you to go deeper to who you need to be
- When people show you who they are, believe them.
- Listen to the whispers in your life.

### Take your glory and run!

- Gratitude is the single biggest force changing your energy field from negative to positive.
- Practice gratitude daily.

**[For more detail, please click on a special link from The Calgary Herald](#)**

### LOVE

Grace  
Respect  
Kindness  
Forgiveness  
Cooperation  
Collaboration  
Understanding

### FEAR

Pain  
Anger  
Greed  
Anxiety  
Jealousy  
Depression  
Hopelessness